BeFit Body & Mind YOGA
834 Market Street
Lemoyne, PA 17043

SCHEDULE OF CLASSES

Bobbi Misiti
717/443-1119
www.befityoga.com

July 2008

July 2008

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August 2008

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		July 1 12:00pm Open-Maegan 5:30pm Beginner - Bobbi 7:00pm Mysore-Bobbi	2 NEW MOON 9:30am Open-Maegan 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi	3 12:00pm Open-Deb 5:30pm Open-Frank / 2nd Series Maegan 7:00pm Beginner-Maegar	4 NO CLASS Happy 4th of July	5 10:00am Open-Brian / 2nd Series Deb
6 5:00pm Open-Deb	7 9:30am Open-Frank 4:00pm Open/Begnr-Deb 6:00pm Open-Deb	8 12:00pm Open-Maegan 5:30pm Beginner - Bobbi 7:00pm Mysore-Bobbi	9 9:30am Open-Maegan 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi	10 12:00pm Open-Maegan 5:30pm Open-Maegan / 2nd Series Bobbi 7:00pm Beginner-Bobbi	11 6:00pm Open-Brian	12 10:00am Open-Maegan / 2nd Series Bobbi
13 5:00pm Open-Holly	14 9:30am Open-Frank 4:00pm Open/Begnr-Bobl 6:00pm Open-Bobbi	15 12:00pm Open-Maegan 5:30pm Beginner - Bobbi 7:00pm Mysore-Bobbi	16 9:30am Open-Maegan 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi	17 12:00pm Open-Deb 5:30pm Open-Maegan / 2nd Series Bobbi 7:00pm Beginner-Bobbi	18 FULL MOON (P.Jois 93rd bda 6:00pm Open-Bobbi	19 10:00am Open-Deb / 2nd Series Bobbi
20 5:00pm Open-Holly	21 9:30am Open-Frank 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi	22 12:00pm Open-Maegan 5:30pm Beginner - Bobbi 7:00pm Mysore-Bobbi	23 9:30am Open-Maegan 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi	24 12:00pm Open-Deb 5:30pm Open-Deb / 2nd Series Bobbi 7:00pm Beginner-Bobbi	25 6:00pm Open-Brian	26 10:00am Open-Deb / 2nd Series Bobbi
27 5:00pm Open-Holly	28 9:30am Open-Frank 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi	29 12:00pm Open-Maegan 5:30pm Beginner - Bobbi 7:00pm Mysore-Bobbi	30 9:30am Open-Maegan 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi	31 12:00pm Open-Deb 5:30pm Open-Maegan / 2nd Series Bobbi 7:00pm Beginner-Bobbi		

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