BeFit Body & Mind YOGA
834 Market Street
Lemoyne, PA 17043

SCHEDULE OF CLASSES

Bobbi Misiti
717/443-1119
www.befityoga.com

August 2008

August 2008

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 2008

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					August 1 Nancy Gilgoff Practitioners Clinic NEW MOON 6:00pm Open-Brian	2 10:00am CLASS CANCELLED
3 Nancy Gilgoff Practitioners Clinic 5:00pm Open-Holly	4 9:30am CLASS CANCELLED! 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi OR	5 12:00pm Open-Maegan 5:30pm Beginner - Bobbi 7:00pm Mysore-Bobbi	6 9:30am Open-Maegan 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi	7 12:00pm Open-Deb 5:30pm Open-Maegan / 2nd Series Bobbi 7:00pm Beginner-Bobbi	8 6:00pm Open-Maegan	9 10:00am Open-Deb / 2nd Series Bobbi
10 Bobbi in VT with Nancy 5:00pm Open-Holly	11 9:30am Open-Frank 4:00pm Open/Begnr-Deb 6:00pm Open-Deb	12 12:00pm Open-Maegan 5:30pm Beginner -Holly 7:00pm Mysore-Deb	13 9:30am Open-Maegan 4:00pm Open/Begnr-Deb 6:00pm Open-Deb	14 12:00pm Open-Deb 5:30pm Open-Maegan / 2nd Series Deb 7:00pm Beginner-Holly	15 6:00pm Open-Maegan	16 FULL MOON 10:00am Open-Maegan / 2nd Series Deb
17 5:00pm Open-Holly	18 9:30am Open-Frank 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi	19 12:00pm Open-Maegan 5:30pm Beginner - Bobbi 7:00pm Mysore-Bobbi	20 9:30am Open-Maegan 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi	21 12:00pm Open-Deb 5:30pm Open-Maegan / 2nd Series Bobbi 7:00pm Beginner-Bobbi	22 6:00pm Open-Bobbi	23 10:00am Open-Deb / 2nd Series Bobbi
24 5:00pm Open-Maegan	25 9:30am Open-Frank 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi	26 12:00pm Open-Maegan 5:30pm Beginner - Bobbi 7:00pm Mysore-Bobbi	27 9:30am Open-Maegan 4:00pm Open/Begnr-Deb 6:00pm Open-Bobbi	28 12:00pm Open-Deb 5:30pm Open-Maegan / 2nd Series Bobbi 7:00pm Beginner-Bobbi	29 6:00pm Open-Brian	30 NEW MOON 10:00am Open-Maegan / 2nd Series Bobbi
31 5:00pm Open-Holly						

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